

# Interview with Beate Fisher

## April 27, 2010

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Michael: Welcome to Logical Soul Talk. My name is Michael Craig and I'm your host for this weekly talk radio program that lets me introduce and interview some really interesting folks, the ones I considered to be the best, brightest, and most creative people in the world. Now during this 30-minute program, I will focus mainly on some of the turning points in their lives, the people who influenced them the most, and the decisions they made that brought them success.

As a chiropractor for many years, I had discovered that many people including myself have an underlying pattern of what I call hidden decisions that we made as small children or picked up from our parents, teachers or even our ancestors and these subconscious decisions form our reality, affect our motivation, and our destiny. Consequently, these hidden decisions can either propel us to greatness or lead us to self-sabotage and failure. And quite by accident many years ago I discovered I can access and change these hidden decisions to allow amazing results to happen in my own and other people's lives and you can get more information on this discovery process and also buy my book at [www.logicalsoul.com](http://www.logicalsoul.com).

I also host a monthly meetup group here in the Atlanta area where you can check that out on the same website. Our next meetup I believe is May 12<sup>th</sup> and we have a new location, Serenity Lakes. Now, my guests were selected not simply because I found their lives and their stories quite interesting. They may be rich, famous, talented or simply great human beings. All of them possess something I find rare in individuals and that is a passion or determination. They have made some strong decisions early in their life that led them to their current position, success, or achievements.

And my goal in interviewing them here is to probe a little bit and discover their pattern of life decisions. This will allow you as my listeners to maybe pick up some special nuggets that will add to your motivation and nourish your own seeds of success. So listen to what they have to say and after about ten or 15 minutes, please I invite you to call in with your comments and your questions and our number is 347-843-4544. And when you call in, to raise your hand to ask a question just press 1 and you'll hear the prompt there when you do call in.

Now, my guest on the show tonight is a near and dear friend. I've known her for many years. Her name is Beate Fisher. She was born in Germany and she had some abuse early on. She'll talk about that as we go on here. She came to the U.S. in 1980 with \$500 in her pocket and she had a belief that love can conquer all and since then she have done quite well. She is married.

She's got a grown son. They live not too far from us here in the Norcross area. I think she's living in Lawrenceville. And her passion, I'll let her tell you about this, is transformation and energy work.

She's done landmark education programs and she's also well-versed in the Logical Soul. She's actually to the point of being certified and she had done lots of sessions and she's very talented in that. And now I get into this a little bit, ask her some questions and all that, she's a spiritual seeker and she's also a ghost buster. She had a friend, Ruth, and they go around clearing negative energies from thousands of businesses which I find quite fascinating.

We had them help us with the house and ended it up selling. So I don't know exactly how it works but the place does feel a lot better after she works on them. Right now she's a design consultant with Ethan Allen. She's had that job for many years and she's been married to her current husband, Richard, for about 25 years. So let me bring you on the air here. Beate, welcome!

Beate: Thank you so much. It's a pleasure to be with you this evening, Michael, a pleasure!

Michael: The pleasure is all mine, Beate. Can you hear me okay?

Beate: Very well.

Michael: I had to sort of scurry because the Skype lines are busy on my show and I had to call you on my cellphone. So I was just hoping the audio would be okay. I'm sort of getting spotty hearing from my part here but I guess as long as it sounds okay that's fine. The phone lines are lighting up, so I'm noticing. If people would want to ask questions after we get started just press 1 and raise your hand and ask Beate a question, put us on the spot.

So, first of all, I wanted to ask you, Beate. I mean you've been doing transformation work for quite some time. What was it that led you into the seeking? Where did you first begin to notice that you're a Seeker?

**[0:05:05]**

Beate: It really started with my spiritual quest many years ago. Coming from a very Roman Catholic background, I never quite fit in and so I was looking for something – for a Higher power, a connection to God – and that really took me to metaphysics, it took me to a spiritual teacher in India that I still am very, very connected to and follow his teachings as well as it took me to landmarks and also subsequently to Logical Soul and to the technology that you're teaching. So it's been really part of my life for as long as I can remember even in, gosh, maybe eighth grade I remember having a teacher who really allowed us to ask a lot of questions that were not that easy to answer like "Who is God? What's my purpose in life? What am I here?"

Michael: Wow, you had a teacher like that, huh?

Beate: Yeah, it was a very, very great experience and it allowed me really to explore what's out there. What is life all about? Why am I here?

Michael: Wow, that's such a rare thing to hear about a teacher who allows you to ask open-ended questions like that. I know a lot of times when I was growing up particularly, I mean I had a couple of teachers like that but most of them they want you to fit into the program. "Ask or pass me questions for as long as it relates to this or that." And it's quite rare, so I guess that – how old were you when you had that teacher?

Beate: Well, that was in eighth grade so I would have been 13, 14 at that time and she was a catechism teacher actually and I to this day today I remember her well and I'm very grateful for the opportunity she gave us.

Michael: Wow. That is rare. Good for you. Good for you. So I mentioned this to the audience and I want you to sort of explain what it is you do. I know you and Ruth do ghost busting. You sort of have a side business where you're doing that which actually it sounds interesting because it goes hand in hand with your design consulting except you probably don't do that at Ethan Allen.

But I would imagine that it's not something that fits in word or in substance. But I mean in substance it does but I mean in wording or the way it sounds it probably wouldn't. But why don't you explain to people what is it that you do when you and Ruth do go in and do the ghost busting or the energy clearing and describe how that works?

Beate: Yeah. Well, first of all, I noticed that it's really all very interconnected. I do interior design and it's clearly my passion and what I'm meant to do. At the same time, I am also very sensitive to energy so you can walk into a home or into a room where people live, where people are gathered, and you can sense what the energy is. Is it a positive energy? Is somebody upset in that room? You can almost pick that up and in our case where psyching we're taking it a step further.

My friend, Ruth, she's very psychic and I had the privilege to study with her and to learn about picking up psychic energies, mostly negative energies, because it's those negative energies that affect the space in a way that affects the people that live there or if someone has the intention of selling their home and they find it just will not sell we can basically go in and check what the energy is like.

What's in that space? Is there actually an entity present that got stuck there somehow and then clear out the space with a process that has been around actually for a long time and that my friend, Ruth, studied or she's certified in that. And once the space is cleared and there is a

process to that and it also involves the people that owned the home or the business and you give them tools how to maintain the space once it's cleared.

We have found just some amazing results of one restaurant that we did a clearing on. It had numerous restaurants wherein there that just failed continuously and once we did the clearing basically the restaurant is now one of the most successful places in that town and simply by clearing the space of negative energy and in this case we also actually removed the spirit that got stuck there.

**[0:10:29]**

Michael: Interesting.

Beate: It's fascinating work and in my job with Ethan Allen, I am tuning to energies when I go to a client's home. I work with the talents that I've been given and the knowledge I have in interior design as well as having studied feng-shui for two years. So I also practice the Chinese art of energy balancing and placement of furniture.

Michael: Well, I would imagine, Beate, that you can bring a lot to the table just by helping people rearrange their furniture, moving something over here, or doing something there. They don't necessarily need to know that you do ghost busting or feng-shui when you go to a house.

Beate: Absolutely, right.

Michael: And so it's like as a doctor I can know a whole lot about physiology **[0:11:23] [Audio glitch]** every one of my patients that comes from the door heard something. So, yeah, that's quite a talent to have. Something came to mind earlier and I noticed this. And it's not just with you. I've noticed that a lot of the people who I considered to be psychic or they considered themselves to be psychic have a history of abuse.

Now, you had mentioned that you were abused as a child and I've noticed that there seems to be a pattern or a similarity or a correlation, if you will, between those who are very psychic and those who were abused as children. I just noticed that. Now, I was wondering if you have the **[0:12:03] [Indiscernible]** observations about that phenomenon.

Beate: That's interesting that you bring that up. I mean I can't say that I have comparisons with other people who have had abuse in childhood. I can only say that potentially if you are abused as a child, for me it was sexual abuse, you become very aware of things. There's also a space of survival where you almost have to like become very aware.

Michael: Yeah, you have to read their minds.

Beate: Yes, yes.

Michael: You have to read their minds and sort of anticipate some weirdness before it happens.

Beate: Yeah.

Michael: Yeah, I got that. Yeah, it was just something I noticed and I've noticed that a lot of – I think one psychic once told me she was abused and she developed that as a result of the abuse. So I just thought it was quite interesting. So anyway, let's get on here.

Let's get back into the transformation business which I know was your main passion and I know that you're really involved with working with people now especially using Logical Soul. Tell us about how that works with you and how doing sessions with other people how that affects you and how much you get out of that. Tell me a little bit. Just talk a little bit about that.

Beate: Right. Well, first of all, I mean I just want to acknowledge really my gratitude that I feel for you because you have brought this technology to us and I have had the privilege of studying with you and being one of the first people that actually we're trained in a classroom setting so to speak and first of all having had these six months we had together just to get an introduction into Logical Soul and an understanding about the technology which subsequently led to my desire and passion to become a practitioner myself and really to expand.

I really, really am passionate about it and would love to see nothing more but the whole world to be exposed to this technology and to learn it and to even being able to apply it to themselves in their own lives. So it's really a pleasure, a privilege, an honor to be part of this. I am now in the position of actually having some clients and having sessions with them in Logical Soul.

**[0:15:00]**

And what my experience has been, first of all, what they're getting out of it is really a whole new way of relating to themselves and their life. Being empowered to make new decisions that in the past has completely held them back, blocked their progress, or simply had them in a survival mode until they actually get present to that it's a decision they made as a child that's now running their life.

And when they become aware of that and when they actually get clear and also do a clearing, so to speak, a mental and mind-clearing of that situation, and then they have the opportunity to make a new decision, what I'm observing is just the transformation and this new outlook on life that's inspiring, it's motivating.

I just had a session actually over the weekend with a client and she went from being stressed and so very hopeless to after the session the only way I can explain is she wasn't in bliss but almost angelic. I have not experience that before. And really every session that we do is different. We never know what is going to happen. We never know where it's going to take us.

But yet when you are complete with the session and you see what the results are and what the client got out of the session, all you can be is in awe and in gratitude that this technology exists.

Michael: Yes, that is very kind of you, Beata, and thank you very much. I feel blessed that you're a part of this group. Certainly I can't do it along, neither can my wife. And I have to give all thanks to my wife, Brigitte, for pushing me in this direction because without her I wouldn't have been out there and the book wouldn't have been published. It might have been but it's going to take a lot longer so I appreciate all of you being out there and part of this. And you especially really have taken this to another level and together I think we can really make that happen.

Beate: Absolutely.

Michael: So we've got a bunch of people calling in. So let's go to the phone here. If anybody wants to ask a question to Beata or me, just raise your hand, press 1 on your phone, and raise your hand and will be happy to call on you. If you're listening on line or you're listening you can also call in 347-843-4544. And as I said, raise your hand by pressing 1 and we'll be happy to call on you and put you on the air.

So, Beata, while waiting for somebody to raise their hand, we've got a few people calling in but we'll just wait and see. Is there anything else you want to – well, I have a question. I have a question. Now, you have mentioned that – I mean I know you have been involved with the transformation process for a long time and you had this personal journey with a guru, with the landmark, with Logical Soul. And you're also a wife and a mother. How's your family handling all this and how are you dealing with the differences in their needs and what your needs have been?

Beate: Wow, that's really a great question. Well I think my husband on many levels has humored me and accepted my past and also has certainly supported me. With Logical Soul I am very grateful to say he is very, very supportive of it and he really allows me the space to do what I'm most passionate about. And I think we do that for each other and it allows us to have been successful in our marriage these 25 years.

Michael: Great, that's just great. I'm sorry, we have somebody calling in. Do you want to take the call?

Beate: Absolutely.

Michael: And then we'll get back to that. This is Logical Soul Talk. You're live on the air. Let's see. Can you hear me?

Ellen: Hi there, Michael. It's Ellen.

Michael: Hi there, Ellen. How are you doing?

Ellen: I'm doing great. Beata, I have a question for you. I'm sorry I have missed the early part of your call but have you applied what you've learned in Logical Soul to your work as a decorator?

Beate: That's a good question. I would say as far as how I communicate with my clients, the space that I provide to them to explore how they would feel most at home in their own home allowing them to really express what it would be like "How do they imagine their home to be for them to feel, let's say, most at peace or how it would feel most like a retreat, a place to re-energize, et cetera?" So I asked a lot of specific questions that pertain to their physical, mental, emotional well-being in like what is missing.

**[0:20:50]**

Ellen: So besides, of course, you're doing something that's very personal and intimate so you're taking them to a different level with that, which is great.

Beate: Yeah, that's a very good question. Thank you so much.

Ellen: Thank you.

Michael; Thanks for the question, Ellen. I would say, Beatta, that what you've done is essentially from what I've heard and having been with you for many months, I see that just being clear about how much your passion was there for your clients and the people that you work with I would see a tremendous outpouring of more of that as a result of this work.

So I would imagine that directly because you're not doing sessions with people, your clients, obviously that it's not going to relate directly but the influence is definitely there and the way of talking with people, understanding of hidden motivations are definitely there. I've noticed that myself when dealing with people. I'm always finding there's always an unspoken motivation, there is something there that's not quite there. But we have another call in. I think I know who this person is. Hold on a second. You're on the air.

Soma: Hi!

Michael: How are you doing?

Soma: Hi, **[0:22:05] [Indiscernible]**! This is Soma. How are you, Beate?

Beate: I'm still wonderful, Soma.

Soma: Okay. Now, two things – one is I know that the cost of the **[0:22:16] [Indiscernible]** books that you did this last three months or six months, you've created something for your customers and Ethan Allen. You gave me a very bad – we totally forgot all about that.

Beate: Well, it's creating a beautiful home environment that inspires and transforms life.

Soma: No, no. You also did a workshop for your customer.

Beate: Well, I wanted to talk about that too – what I got out of the Logical Soul training myself and that's something that we had not really had the chance to talk about yet because part of the first six months was to actually be in class and produce measurable results at the end of the six months. And every participant created a project so to speak in which they could measure those results out of the Logical Soul training. And there were actually two things that happened.

One thing was I created a seminar for our clients at Ethan Allen and I presented it to our company and in the process of that Ethan Allen is of course nationwide with almost 300 design centers throughout the U.S. And the company went and ran with it actually and created seminars on a monthly or every other month basis that cover really every any subject in regards to interior design. So we conduct these seminars in each of the design centers and it's nationally. So that turned out to be a much bigger deal than I anticipated.

And secondly, something else happened with me. I made the decision in the training that I would take care of my health, physical health, and at that time I was overweight. I was a size 14 and I decided to join Weight Watchers and I lost 30 pounds in six months and that was really a huge deal. I mean I had lost weight before but never like this and never with the intention of actually creating a new life for myself that would allow me to be fit at 50. That was sort of my logo: "Fit at 50."

**[0:25:06]**

And I became a lifetime member on my 50<sup>th</sup> birthday at Weight Watchers and I rewarded myself – and that was unheard of from me because for one I don't like to work out, never had but I rewarded myself joining a fitness center and hiring a trainer and I basically went from a size 14 which was January a year ago to a size 4 and more fit than I've ever been and that was the whole part out of that training and out of those classes with you, Michael.

Michael: That's great. I know you're looking great these days. I know you're feeling a lot better.

Beate: I feel great, yes.

Michael: That's a Virgo. Yeah, I've noticed. Yeah, just getting on that path and just understanding the transformation which is ongoing. I started riding my unicycle and I do that on a regular basis. I don't like gyms so I love getting out there on that wheel and just running around are just a lot of fun, a lot more strength.

Okay, let's see. We've got - I think we have a couple of callers here. At any rate we've got only about three minutes or a couple of minutes left. So I just want to introduce next week's guest before I forget here because he's a big deal. He's name is – Hold on second. Let me get my notes here.

Our guest next week as Tuesday, that would be May 4<sup>th</sup> and our guest is Raymond Moody. Raymond Moody has written several books. His most famous book is Life After Life. He's one of the first psychologists to actually delve into the experiences of those who actually died and come back. And he's interviewed people who died and came back over and over again. In fact, he is very intimately involved with Dannion Brinkley, not personally but I mean he's story. Dannion died two or three times struck by lightning. In fact there was a movie on his life made about that particular thing. It's been about ten years ago.

But anyway, Raymond will be on Logical Soul Talk next Tuesday at 6:00 p.m. hear on [blogtalkradio.com/logicalsoul](http://blogtalkradio.com/logicalsoul) and you can call in and be a part of that show. It should be a really phenomenal show. He lives over in Alabama and my wife and I had the chance to go and meet he and his wife and his family, wonderful people. And it should be quite an interesting show so don't forget to tune in to that.

And to wrap, Beate, I just want to say thank you so much for coming on the show. I mean your observations, your insights, and your passion is all coming through here and thanks to everybody. Ellen, thank you for calling in from Canada, I believe. I appreciate that. And Soma, thank you and I'll talk to you real soon. But is there anything else you want to add, Beata? Anything you want to add to this conversation or anything, just anything?

Beate: It was a pleasure being here today and life is fun, it's exciting, it can be anything that you wanted it to be, you get to create it. And once I had that realization, I mean anything is possible. Anything is there ready to be created. If you would like to connect with me it's either through my design work or you can go to [logicalsoul.com](http://logicalsoul.com) and connect with me via that or you can reach me at this [bfisher@lawrenceville.ethanallen.com](mailto:bfisher@lawrenceville.ethanallen.com). If you have a design project you would like to discuss or through [psic-inc.com](http://psic-inc.com). That is our psychic-clearing site so you can check that out or on Facebook.

Michael: Okay, so what's your e-mail address again in case people want to check you out?

Beate: [bfisher@lawrenceville.ethanallen.com](mailto:bfisher@lawrenceville.ethanallen.com).

Michael: Sure, okay. We got that. Thanks, Beata. I'm Michael Craig. This is Logical Soul Talk.

**[0:30:00]**

Michael: Okay, here we are. We're in the out-take section of the show where no nobody live can hear us but if you're listening on podcast you can hear the echoes of questions being asked and answers being made. Are you still there, Beate?

Beate: Yes, I'm still here.

Michael: Any candid remarks you want to make?

Beate: No, no. This is really great, great experience. I love this.

Michael: Yeah. Yeah, it's good to talk with someone like you who knows what I'm actually doing which is quite rare. I feel like we're just talking and it's great to have a friend on the show every once in a while and share things and talk about stuff. And you really amaze me. I mean you have grown so much it's quite phenomenal so we're just really proud of you.

Beate: We couldn't have done it without you.

Michael: Well, thanks for that. I'm happy to be part of the process.

Beate: Yes, yes. And your wife too.

Michael: Yeah, absolutely. So we're starting to have a call for the interns – I have a couple of interns and I'm calling them Mondays and Wednesdays at 10:00. I don't know if you're available for calls like that but you're certainly welcome to join us this year if you want to. And I think I just mentioned e-mail about it so you should have that. Anything else you want to add to what you said?

Beate: That's silly. I mean that's the main thing. And really what I'm –

Michael: You start talking don't your son and then I cut you off.

Beate: Well, when you have children really the question is "How is my family handling all these?" And I really know this was when you have children they don't know any difference. They know you're not the way you are and they accept you the way you are.

And so there has never been a question or a complaint or "What are you doing this?" It's just this is part of their life. And I hope it rubs off in some way. And I'm sure that I'm very proud of our son. He actually did landmark and it made a huge difference especially when he was a teenager and as a parent you could do no right.

So having them do landmark was a big deal because it really connects to us and it allow us to communicate on a whole new level. And I also see with Logical Soul, when someone actually had some experience, some background like landmarks, understanding Logical Soul, so

understanding the technology and making a commitment to making that kind of transformation is a lot more natural and easier to do.

Michael: Yeah, yeah. It is. I found that when I work with landmarks. It's a lot easier because there's not much stuff in the way. So, yeah, it's always a pleasure to work with meditators and people who have been taking landmarks and things like that. They just seemed to be more open and more receptive to what's happening. Not that others can't do it; it's just that there's usually stuff in the way that needs to be resolved.

Beate: Clear that out first.

Michael: Yeah, you're right about that. So listen, we're going to talk soon. So I want to talk to you about some other things, some developments that are taking place. So I'll look forward to touch base with you. We're really growing here and I want to put together a workshop and I'm getting the online courses go on. So it should be a really big shoe here pretty soon.

Beate: I look forward to it.

Michael: We're going to Serenity Lakes too – your suggestion – so it looks like a beautiful place and it should be a great location for workshops and meetups.

Beate: Exactly, excellent.

Michael: Okay, Beate, listen.

Beate: Thank you, Michael. Have a good day.

Michael: I love talking to you and I'll talk to you again soon.

Beate: Same here, bye-bye.

Michael: All right, bye-bye.

**[0:34:26]                      End of Audio**