

# Money Matrix Method – Part 3

## July 5, 2011

[0:00:00]

[Music]

Michael: Welcome to Logical Soul Talk. My name is Michael Craig. I'm your host for this weekly radio talk program. Now this is a show where I get to have some fun and interview some people, who I consider to be the best, brightest, and most creative minds in the world or talk about subjects near and dear to my heart.

Well today it is the latter and throughout this summer which I call 'Money Matrix Summer' we are going to be doing 10 sessions where basically you get to call and ask questions and we can do a session. I can talk about 'Money Matrix' ideas, understandings, and techniques. Things that you can use in your everyday life to help you feel better about yourself and about money as far as your capacity for earning, accepting, feeling worthy and going out and getting the bucks.

So this is a show about whether you have a small business or a mid-size business or a large business. If you have an attitude about money that is not conducive to your attracting the money to you money is just not going to come in.

I am going to talk a little bit about my own experience and about some experiences that people I have had recently and share that with you.

So again this is a call in show today. Let me go a little bit about the background again for those of you who are tuning in for the first time. My name is Dr. Michael Craig. I have been a chiropractor for many years.

Early on I discovered that most people including myself have an underlying pattern of what I call hidden decisions that we made as small children or picked up from our parents, teachers or even our ancestors.

These subconscious decisions form our reality and affect our motivation and our destiny. Consequently these hidden decisions can either propel us to greatness or lead us to self sabotage and failure. These are things which are usually hidden within our subconscious minds or not available to us consciously. Quite by accident many years ago, I discovered that I could access and change these decisions with amazing results that can happen in my own and other people's lives.

You can get more information on my techniques and methods at [www.logicalsoul.com](http://www.logicalsoul.com). Also be sure to click on the Follow button at [www.blogtalkradio.com/logicalsoul](http://www.blogtalkradio.com/logicalsoul) to get a heads up on all our great interviews and discussions and shows and call ins, things like that. So call in, our phone number is area code 347-843-4544. That is 347-843-4544.

Now my topic tonight again is about 'Money Matrix Method' but we can talk about anything that you want to talk about. If you have a problem, if you have something going on in your life that you just need some feedback on or a solution, something like that I can do anything related to money, health, wealth, self improvement that type of thing. I know it is a broad subject but basically it is like an open mike summer where I am going to be talking about whatever you talk about.

We've got a caller already so I am going to go to the caller in just a few minutes here but first I just want to mention something that happened to me over this past few months and tell you what is happening as far as the program is concerned. As you may know or may not know I just completed a book called 'The Money Matrix Method' which has just now been recently published on Amazon.com and I have a link to that at [www.moneymatrixmethod.com](http://www.moneymatrixmethod.com).

However don't do anything on the site yet because it is being transferred to another site. I am going to have a tremendous deal for you if you get the free video, just sign in to get the free video there is a very special deal. I am going to be practically be giving the book away to those who are interested. This will be up and running probably in a couple of days. I wish I had a specific date for you. Unfortunately there are some technical glitches I am having to work out but at any rate it will be done by the end of this week for sure.

By the way 'Happy 4<sup>th</sup> of July Day After'. This is the 5<sup>th</sup> of July. I hope you had a tremendous 4ht here in the United States. If you are not we are still celebrating the 4<sup>th</sup> of July our so called Independence from Great Britain and I call it so-called because there is a whole lot of history into why Britain never severed ties with us and we have all this banking going on and stuff like that. That is a whole other issue which is beyond the scope of what I am talking here.

Now when we are talking about money it is real easy to get into ideas about techniques about ways to earn money.

**[00:05:05]**

Actually I have got a program and a website that I am soon launching that is called [www.incomeathomesecrets.com](http://www.incomeathomesecrets.com) where I will be going into ways that you can earn money at home particularly or as a small business. Working out of your home, doing things that you can do to get into your passion or discover your passion and start making money doing what you love to do

I am finding that this is something that eludes a lot of people including myself. I mean for many, many years it has eluded me that it was very difficult for me to earn a living or to find a way to get through blocks that I had and I couldn't put my finger on what those blocks were. If you are one of the people who can't really put your finger on what it is and why you can't seem to be earn a living or make money this is where you need to be.

This is a show where I go into the hidden whys, wherefores, and whereabouts about what it is about money and why you can't earn it or why you are blocking yourself one way or the other to bring money in. so got to be going on about that. Now I thought I heard my cat coming. He is at the door wanting to get out. So that is another thing about working at home that you deal with cats jumping on your desk and doing all sorts of things while you are trying to be busy

So anyway I am going to go over to the lines here. We've got a caller. Let us see if I can. Hello you are on the air. Are you there? Oops, I guess this person is just not ready to talk yet. So I am just going to keep talking.

The thing about money and this is a real interesting phenomenon. I noticed that when I was having problems with money it seemed to be something that I couldn't put my finger on. I didn't know why I wasn't bringing in money. I didn't know what was stopping me. It wasn't until I actually wrote the book called 'The Logical Soul' which opened the door to me developing this technique called 'The Money Matrix Method' which essentially is the 'Logical Soul' technique focused particularly on money.

I did that because money has been a problem for me all my life. I have never had the ability to really sustain steady earnings, steady income even though I consider myself wealthy in friends and health and all sorts of good things the cash flow wasn't there. That has been a problem all my life. It was only recently.

In fact since I have written the book 'The Money Matrix Method' that I stumbled across the secret for me, actually before I wrote the book and that is one of the reason that I wrote the book was that the secret for me was that it was all tied up in something called ancestral decisions. That is even though I spent decades working on my own stuff about money where I was, I got to where I was consciously neutral about money where I didn't have buttons about money. I was able to accept money or earn money and do all sorts of things but it wasn't until I discovered this link to the ancestors and what a tremendous influence ancestral energies, if you want to call it influence your decisions about making money, earning money, and accepting money that I began to realize that, "You know what I was, I could earn money. I could accept money. I could do all sorts of stuff. But in the presence of my father and it was the father in this case, in my life that blocked my ability to bring in money, to earn money."

It is so funny because my father was always about me earning money. "Son, go ahead and get a job. Go earn some money. Go do this and that." it is just that what I noticed is that he taught by example more than that he taught by speaking though. I noticed that in his life he always

struggled with money. So I basically inherited from him this energy about keeping money at bay or holding money at bay.

It wasn't until I discovered the way of opening the door and changing the decision about that decision about keeping money at bay was I able to let it go. It wasn't until I was able to do that that the money began to actually flow. Now my wife and I are out of debt. We are bringing in regular income. Our house is paid off. We have paid off another rental property. We've got money in the bank.

You know there are a lot of uncertainties going on but there are some amazing things happening in our life and I don't feel much different except that you know things look a little bit different. They look a little bit lighter. Life sort of looks up when you are out of debt, when you are not pressed for paying bills, and when you are not looking down the barrel of somebody you know holding a bill on top of you expecting payment, that type of thing.

**[00:10:04]**

So if you want to earn money give us a call. If you are having trouble accepting money give us a call. If you feel that worthiness is a problem give me a call. The number is 347-843-4544 and press '1' to raise your hand so that I can call on you and I will be happy to talk about anything that you want to talk about.

This is a self-help program so we are talking about self-help, we are talking about self-discovery and there are decisions that you have made which have blocked your ability to bring in money one way or the other. A lot of times we tend to blame things on external forces. My wife will tell you this that I used to do the same thing and that I was saying, "Well I don't have this or I don't have that or I need this course or I need that course. I need to do this or get that." all sorts of things out there need to happen before I can earn money.

It wasn't just until fairly recently that I got off that and learnt it has nothing to do with that. It has to do with taking the next step. The next step for me is what resources I have right now that I can take the next step. For example, right now I am working on the website. I am working on getting my book up online so that people can download the e-book version of it for a very inexpensive amount. That is going to be at [www.moneymatrixmethod.com](http://www.moneymatrixmethod.com) very soon and also integrating a shopping card, putting the word out there, putting videos out there to drive traffic to the site.

There are all sorts of things that have to happen but rather than dwelling on all the things that haven't been done I am just taking the next step. The next step is what is on my plate the next time and along the lines of that thing is how am I going to get some help. In other words I am a one person in operation right now and every soon I intend on bringing in on board some interns, hiring some people, getting some people in to help me leverage this information and

start teaching this worldwide because this is the type of information that needs to be available around the world.

I don't know of anyone and I have been around the world, who is totally without fear or concern or what have you about money. Even wealthy people tend to have concerns about money. I know some very wealthy people that they worry about money all the time. It is not so much getting it but it is, you know they worry about losing it. "Am I going to lose? What if I lost this? How did I lose that?" And of course they may ensure themselves but they can't ensure everything and they worry about their stuff. So a lot of wealthy people get stuck in attachment to their stuff and that tends to be a double edged sword.

Wealth is a double edged sword. You can worry about not having money but then when you get it you start worrying about whether or not you are going to lose it and what you can do to avoid losing it. That is a big of a concern as not having it to some people. So it is funny that no matter where you are that is where you are. So if you can't be happy where you are and that is the key thing there. Are you happy with where you are knowing that there is still something to do? you know what in life there is always something that you are wanting to do, always. I don't know anybody who is just totally at rest, at ease with their life otherwise we call those people in the grave.

There is always going to be something. There is always going to be an imbalance somewhere or another and the imbalance tends to balance itself over time. We call that old age and acceptance of life the way it is but basically life is going to go back and forth. We are going to have problems. We are going to have successes. We are going to have good times and bad times and hopefully our good times outweigh our bad times. But the thing is that those things are going to keep going on.

Money is just one of those issues that comes and goes and changes and rises and falls. The other thing is health. The other thing is relationships. The final piece of the puzzle I look at is spirituality. In other words, are you in peace with who you are? Does it even matter who you are? In other words, there are things in spirituality that is not so much of – Am I a good person? Am I a holy person? Am I doing the right thing? It is, am I at peace with this body, with this mind, with this collections of emotions?

In other words, is there something within me that is deeper than all of these things and resonates with being, just being? So happiness lies in that being. Happiness lies beneath the turbulent waves of the surface that lies at the core of your being. It is not outside where your mind is always racing to and fro. It is not outside where life buffets you back and forth about money issues and about relationship issues and about health issues. All those things are superficial when it comes right down to it.

**[00:15:00]**

And you know what we are all going to die. I am not being pessimistic when I say that. It is just a fact. What are you doing in the time given you here?

'Money Matrix Method' is just a way of letting go of those concerns about money such that you can start living your life, so that you can start enjoying your life knowing that your attitudes about money have literally pushed money away. I heard that years and years ago. I think it was back in the early '90s I first heard that the reason you don't have money is because you are quite literally pushing it away from you. I forget the name of the guy who said it but it was a very powerful statement at that time. It stuck with me. I always remembered that.

I kept trying to look at what is it that I am pushing and how am I pushing. I could never figure that out. It wasn't until I developed the 'Money Matrix Method' that I realized what I was pushing away and how? That was a powerful discovery when you find your reason for pushing money away, wealth away. It is going to dawn on you, hit you like a ton of bricks and you say, 'Holy Cow! I have been doing that. Now I can stop, Wow!' Then you take a deep breath, you breathe in and you allow yourself to enjoy because believe it or not what happens when that event takes place is very shortly thereafter.

And it all depends because there is something called lag time. In other words, as soon as you change the decisions related to money, I am talking about the internal, hidden decisions your life doesn't certainly doesn't just zap change. Now it can and I am not going to say that it won't. All I am saying is that there is a lag time in our consciousness. Things happen deep within us. Then over a period of weeks and months our life begins to unfold.

This concept of lag, I learnt from R. Buckminster Fuller who talked about lag in nature. He says that, "All of nature has a lag time." It is just like you have a cycle of things. Like when you throw a rock in the middle of a lake the ripples happen on the shore but only after the rock hit the lake. In other words, the rock hits the lake first and the ripples come maybe a few minutes later but the ripples do come.

So like that you can change these hidden decisions within yourself. Within a few weeks or months the effects of those decisions being changed are going to ripple to the level of your conscious awareness and outwards to your environment and those around you who then begin to look at you in a different way, begin to see you as someone who, someone different than who you were who they knew before.

That is the greatest part, it is what I have noticed that people start commenting when I am around them that I have changed the certain things about what I am doing that seem to be successful now as opposed to before when I would portray myself as poor me or the way I carried myself because of these hidden decisions were coming across. Now I am carrying myself a lot differently and that is coming across.

That is a joy to behold when I begin to notice that other people begin to notice these things about the way it is unfolding and it is really because of lag that this is happening. It is kind of unexpected because as soon as the change took place for me, and this is back many months ago, maybe 6-8 months ago or maybe a little longer. It was last year sometime. It was a big deal for me. It was a big deal for my consciousness. But then I had to take a deep breath and then I began to notice over time what takes place is that there is, that the lag begins to ripple outwards from the inside because these decisions take place on the inside, very, very deep.

As soon as that decision has shifted or changed, it is like flipping a switch. It is like flipping the switch and the sound wave for example, it is emerging deep from within the mind. Let us say we use the analogy of the mind. You turn on the sound or a horn in the bottom of the mind or something it is going to take a while for that sound to reach the surface. By the time it does reach the surface you hear that and then it makes an effect and then the people react and then you can see the reaction and that is what I am talking about.

When these decisions are changed within you there is a lag time. There is going to be a time where nothing much is noticed. The same old stuff is happening outside. And as you begin to change then your environment begins to change, people around you begin to react differently to you. Anyway I am not going to care about that much more. that is the phenomenon.

There are two things that are happening. First is, you are changing these hidden decisions that you have held all your life based on what are your statements. They are based on 7 statements. I am going to go into these probably next week the 7 statements having to do with your money matrix. What are these 7 statements? Can you change these statements or have you changed them?

**[00:20:00]**

What is the level at which you are operating and these 7 statements basically define your money matrix.

I use an analogy in my book of a bowl. It is like you have a bowl of fruits. Well the fruits are all the positive thoughts and negative thoughts that you have in your bowl. Of course everyone wants to have positive thoughts. We are always trying to fill our bowls with positive thoughts. I want to think positively and put more positive thoughts in there and think positively. Hypnotize myself. Do some \_\_\_. Do some tapping. Do some, you know let us condition ourselves. Let us condition ourselves and program ourselves to have a better life.

The problem with that is that it affects the fruit and that is great because everyone needs positive thoughts. I did this many, many times and it helped me a lot. The problem is that my bowl never changed. The size of the bowl was very small. The bowl in this analogy is your money matrix, it is the capacity for wealth, the capacity for accepting earning and the ability to go out and get money and attract money and wealth.

If that bowl is small your ability to attract money and wealth in your life is going to be small. So it doesn't matter how many positive thoughts you put in the bowl you are not going to have much room for the wealth because you are still going to have small bowl in other words.

So I am going to have a video on this at [www.moneymatrixmethod.com](http://www.moneymatrixmethod.com). Go there within a few days. It is July 5<sup>th</sup> now probably by the 7<sup>th</sup> I am going to have this loaded, hopefully by tomorrow but then I will have the e-book available and everything is going to be available for you. Check out. It is a really good video. It lasts about 12 minutes. It will explain everything I am talking about here but it is also visual. You get to see what is happening. It is kind of a neat little video. So watch that as soon as you get a chance [www.moneymatrixmethod.com](http://www.moneymatrixmethod.com) and check it out.

So if you have a question call in, area code 347-843-4544 and I can talk with you about whatever is going on in your life, whatever you would like to talk about. If you are listening to this as a podcast obviously you won't be able to call in but thank you for listening. I really appreciate it because I can't have this show without listeners, I can't have this show without people who are interested in improving their lives in one way or another and that is what I am all about, that is what I live for, that is what I do and I am more than happy to share that with anybody who is interested along the same lines. So call me up, 347-843-4544 and let us talk about it.

Just a real quick word, next week will be the 4<sup>th</sup> session of what I call 'Money Matrix Summer'. This will be call in week number 4 next week. That will be Tuesday the 12<sup>th</sup> of July and I don't think anything else is happening other than that. Hopefully I have everything up and running by then and I can announce the launch of the new website and everything should be in place but check in every week because things change as you know and a lot of times I am going to say and I have done this in the past, "Yes, next we are going to do the launch. We are going to do this by the end of the month, blah, blah, blah." And it doesn't happen. Then I have got egg on my face and nothing happens so I am not going to promise you that it will be there but it will be there.

Now if you are in the Atlanta area if you are in the Atlanta area and you are listening to this show come to our 'Logical Soul' meetup that happens the second Wednesday of every month. This month in July it is the 13<sup>th</sup>. The meeting starts at 7 and goes on till 9 or you can stay later. My wife makes some great refreshments. It is a small group so you need to RSVP and you can do that by going to [www.meetup.com](http://www.meetup.com), this is for meetup groups, [www.meetup.com/logicalsoulatlanta](http://www.meetup.com/logicalsoulatlanta). That is [www.meetup.com/logicalsoulatlanta](http://www.meetup.com/logicalsoulatlanta) if you want to sign up for 'Logical Soul for Entrepreneurs Meet Up Group' that meets the second Wednesday of every month.

We get a chance to, I demonstrate the technique during these sessions, set appointments, do other things but the main thing is you get to see firsthand how this technique works, how it can change your life instantly, how things can really, really turnaround and how you can start doing

your life differently, living your life on purpose, living as part of a plan rather than just sort of accidentally stumbling forward in life which is a way a lot of us seem to live. I know I did for many, many years.

So anyways our phone number is 347-843-4544. I think we have got somebody asking a question, hold on a second. You are on the air. Do you have a question?

Participant: Yes, I do

Michael: Okay.

Participant: I have 2 questions actually. In America we don't usually tell other people how much we earn.

**[00:25:00]**

I think it has to do with fear. And

Michael: I am sorry, you said we do or we don't.

Participant: We don't.

Michael: We don't, okay. Got it

Participant: And then the second, it is kind of the same thing. Once you have something you mentioned people are afraid to lose it

Michael: Right.

Participant: And I believe that goes hand in hand with the fear

Michael: Yeah

Participant: Do you have any comments?

Michael: Excellent, yeah good point. Yeah in America and probably in lots of places not just America I have been to a few places where you don't really talk about your money much. I mean on the low end I mean obviously it is obvious to some people what you make but some others if you are in a business or particularly in corporate world generally salaries are not discussed because there is a whole issue not just about money but about position.

In other words, there is competition going on where you know it is a way of keeping score where 'I am doing better than you or I am doing worse than you.' That type of thing. So in the

corporate world there is a whole lot of competition that is aside from money has to do with what, you know I am going to put you on. I am going to put you off the air, mute you so that I can talk.

Basically there is a whole issue about power struggling in corporate world and quite frankly if you are not earning the money that we should be earning we are little bit embarrassed. I know I was. I know that for years and years I didn't want to tell people what I earn or didn't earn. Then for a while I just sort of acted like I didn't care, "You know what maybe it really doesn't matter." You know that kind of thing but we all have our own defense mechanisms.

I think you are right we don't really talk about how much we earn or how much we bring in simply because there are other issues besides money and wealth that go into this. Obviously wealthy people don't want to talk about how much they earn because then they open themselves up to you know people coming and taking that. So there are a lot of issues that go into that. Does that answer your question?

Participant: Yeah, kind of

Michael: Kind of?

Participant: Kind of. I think I need to know about the fear because

Michael: I am sorry, go ahead

Participant: Once you have it, and you mentioned it and perfectly right to mention it. I think it is true the idea that we can lose it so, now what?

Michael: Is that going on with you right now? Do you have something that you are afraid to lose?

Participant: Yeah.

Michael: Yeah, it is called attachment. I think this goes into the Vedas. They talk about attachment and the whole idea that yeah, of course we are attached. I mean it is part of who we are. It is what we do but at the same time it makes us miserable **[Laughter]** you know

Participant: Yeah

Michael: That we are attached to life. In the Bhagvad Gita they talk about Krishna discussing with Arjuna, the archer in the whole story about Bhagvad Gita talking about "Be without the fruits of action" is the main statement there. A lot of times in yoga we relate that to you know don't care what happens. It is not what it means at all. It just means being in that sense of action, be in a sense of gratitude no matter what happens.

We are about to go into the end of the show here. If you want to hold on we can talk a little bit afterwards. You want to hold on for a minute?

Participant: Yes, sure.

Michael: Okay, hold on. So we are about to run up against the hard end of the show. If you are listening on the podcast however you will be able to hear us after the music goes on. If you are listening live unless you are on the phone with me you are not able to hear this anymore so thank you for joining us this week. I am glad you listened. Tune in next Tuesday at 6 pm Eastern Time for Logical Soul Talk where I will be continuing the 'Money Matrix Summer' and hope to see you then.

**[Music]**

**[00:30:00]**

Okay, we are back. These are the outtake moments where I get to talk about we get to talk about anything you want. So are you still there?

Participant: Yes, I am

Michael: Okay, that is great. Thanks for your questions by the way and your comments are very important.

Participant: You are welcome. I think I should have a session with you.

Michael: Okay. **[Laughter]** I think I know who this caller is though. Yeah, absolutely **[Laughter]** we will do a session.

Participant: I will talk to you later.

Michael: Okay, thanks for calling in

Participant: Bye.

Michael: So that was a great call. She brought up some interesting points and that is that yeah it is not just about the ability to earn money, accept money, go out and get money. It is also, are we happy when we have money?

You know in the 'Money Matrix Method' I don't go into so much about happiness in having the money. That is a whole other issue because that really goes into happiness in general and happiness is an area where you know it touches on everything in life. If you are not happy in

fact that is the whole basis of the measure of 'The Money Matrix Method' and 'The Logical Soul' is "Are you happy?"

And get into the space where if you are not happy then you have got an issue with something whether it is health, relationship, wealth, or something. If you have got all the money you need and you are not happy there is something else going on. It doesn't have anything to do with your money matrix because your money matrix can be expanded and you can still not be happy. As I said there are wealthy people that I know that are miserable because they are worried all the time about losing their money or something.

So that doesn't really have anything to do with your money matrix. That has really to do with your happiness portion which we are going to go into in some, I am going to work on that in a future book probably when we get into the spirituality matrix, 'The Spiritual Matrix Method' which I will talk about.

That will be a future book basically because I am going to write about 3 other books. I have touched on 'The Money Matrix Method'. I am also going to do one on the 'Relationship Matrix', 'Health Matrix' and then 'Spiritual Matrix' which should cover pretty much the entire gamut of human experience. So look for those books to come but they are not there yet. I am just gathering material for them. This happiness thing is the central theme in all of them but it really touches most into the 'Spiritual Matrix' because that is really where the bottom line is.

If we can't be happy within ourselves it doesn't really matter whether our 'Money Matrix' is expanded or not because we are not going to be happy. If we are not happy what difference does it make? You know what I am saying?

If we have the greatest relationship in the world but we are not happy what difference does it make? If our health is perfect but we are not happy what difference does it make? So again these are issues that transcend one, or any particular subject and that whole thing about happiness is, ask yourself every day, "Am I happy?" if you are not make a decision to be happy and look into why that maybe you are not. Then you will discover the matrix, the inner matrix what might be that lends itself to that unhappiness.

I will give you a hint right now. It is not about things. It is not about circumstances or things that are happening in your life. It is about decisions that you have made deep within yourself that have to do with this happiness or unhappiness. So check that out.

I look forward to speaking with you next week that would be July 12<sup>th</sup> 6 pm Eastern Time. Please join me. This is Dr. Michael Craig signing off. Thank you for being here.

**[End of Audio 00:33:59]**